

CMAS THREE STAR INSTRUCTOR STANDARD



CMAS

BOARD OF DIRECTORS VISA N°:208

CMAS THREE INSTRUCTOR STANDARD

1. AIM OF THE TRAINING PROGRAMME

- 1.1. This training programme aims at familiarising experienced CMAS Two Star Instructors with the basic concepts, principles and instructional techniques used in training CMAS Sport Diver Instructors, which will enable them to present the CMAS One and Two Star Instructor Training Programmes safely and competently.

2. CLASSIFICATION

- 2.1. The CMAS Three Star Instructor Training Programme is classified as the most advanced level of leadership in instructor training programmes within the CMAS framework.
- 2.2. A CMAS Three Star Instructor is competent to take responsibility for conducting Diving Schools and for training and evaluating all divers and instructors' levels.

3. INSTRUCTOR AND ASSISTANT REQUIREMENTS

- 3.1. The CMAS Three Star Instructor Training Programme falls under the responsibility of panel of Three Star staff instructor designated by the technical committee of the national federation.

4. COURSE STRUCTURE AND DURATION

4.1. ACADEMICS : 85 HOURS

- 4.1.1. Refer to CMAS Two Star instructor Syllabus and the national federation Three Star staff Instructor Workshop Guidelines.

4.2. PRACTICAL APPLICATION:

- 4.2.1. Refer to CMAS Two Star instructor Syllabus and the national federation Three Star staff Instructor Workshop Guidelines.

4.3. THE MINIMUM NUMBER OF OPEN WATER DAYS:

- 4.3.1. CMAS allows Three Star instructors to schedule the number of days for practical sessions in open water according to the CMAS Two Star instructor syllabus, number of participants, their skill level and the diving environment.

5. COMPETENCIES OF A CERTIFIED THREE STAR INSTRUCTOR

- 5.1. A CMAS Three Star Instructor shall be trained such that, when assessed by a panel of staff CMAS Three Star Instructors, he shall be deemed to have a high level of knowledge of diving theory, a high level of knowledge of theoretical, confined and open water teaching and supervising skills, solid rescue skills, dive management and supervision abilities, exemplary diving skills and sufficient diving experience to teach, assess and certify participants on CMAS One and Two Star Instructor Training Programmes on their theoretical diving knowledge, confined and open water skills and their teaching knowledge and skills.
- 5.2. The parameters within which the CMAS Three Star Instructor is qualified to dive are those applicable to the other diver training certifications he already holds.

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6. PREREQUISITES FOR PARTICIPATION IN THE TRAINING PROGRAMME

- 6.1. Be at least twenty (20) years of age; there is no upper age limit.
- 6.2. Shall undergo a diving medical examination by a registered medical practitioner and be cleared as suitable for participation in the sport of recreational SCUBA diving in accordance with procedures laid down by the national Federation prior to participating in any in-water activities; and
- 6.3. Sign the appropriate form(s) as required by the national Federation acknowledging and assuming the risks of SCUBA diving prior to participating in any in-water activities.

7. EXPERIENCE / KNOWLEDGE / CERTIFICATION

- 7.1. Hold the following CMAS Diver Training certifications:
- 7.2. CMAS Two Star Instructor certificate for at least two (2) years.
- 7.3. CMAS Three Star scuba instructor candidates shall have gained teaching experience by taking the role of an instructor in a minimum of 50 training sessions (in the classroom and in confined and open water) which exposed them to a comprehensive range of duties situations and problems.
- 7.4. Submit proof that he has assisted a CMAS Three Star Instructor on at least two (2) CMAS One or Two Star Instructor Training Programmes.
- 7.5. Submit proof that he has logged at least five hundred (500) open water dives.
- 7.6. Submit proof that he has acquired theoretical and diving experience in accordance with the national federation requirement standard.

8. RATIO CANDIDATE/ INSTRUCTOR

INSTRUCTOR PARTICIPANTS	INSTRUCTOR TRAINERS
1-4	1
4-8	2
8-12	4

9. REQUIREMENTS FOR CERTIFICATION

- In order to be certified as a CMAS Three Star Instructor, The participant shall:
- 9.1. Comply with all the prerequisites for participation in the training programme as prescribed in this Standard;
 - 9.2. Successfully complete the theoretical assessment as provided for in this Standard.
 - 9.3. Successfully complete the confined water assessment as provided for in this Standard.
 - 9.4. Successfully complete the open water assessment as provided for in this Standard.
 - 9.5. Successfully complete the teaching skills assessment as provided for in this Standard; and
 - 9.6. Successfully complete the emergency procedure skills assessment as provided in this Standard.

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10. REQUIRED THEORETICAL KNOWLEDGE AND DIVING SKILLS

10.1. SYLLABUS REQUIREMENTS

10.1.1. The participant shall receive tuition in the theoretical knowledge and diving skills as prescribed in this standard and national Federation Workshop Guideline.

11. PRACTICAL TRAINING PARAMETERS

11.1.1. The CMAS Instructor shall conform to the standard theoretical training parameters as prescribed in this standard and national Federation Workshop Guideline.

12. ASSESSMENT

12.1.1. The assessment can be made by a panel of the staff Three Star instructor responsible for the training as prescribed in the instructor and assistant requirements and/or with another staff Three Star instructor evaluator in accordance with the national federation requirement standard.

12.1. KNOWLEDGE

12.1.1. The participant shall demonstrate to the Three Star staff instructor knowledge of SCUBA diving, SCUBA diver and SCUBA Instructor training by taking and passing a written examination:

- A high level of theoretical knowledge of SCUBA diving.
- A high level of knowledge of SCUBA skills.
- A high level of knowledge of SCUBA diver training.
- A high level of knowledge of SCUBA Instructor training; and
- A high level of knowledge of emergency procedures training (First Aid, and CPR, oxygen administration, diver rescue and rescue management).

12.2. CONFINED WATER SCUBA SKILLS

12.2.1. The participant shall demonstrate to the Three Star staff instructor his mastery of teaching and evaluating scuba skills in the confined water, during two (2) or more confined water lessons.

12.3. OPEN WATER SCUBA SKILLS

12.3.1. The participant shall demonstrate to the staff Three Star instructor his mastery of teaching and evaluating scuba skills in open water, during two (2) or more open water lessons.

12.4. TEACHING SKILLS

12.4.1. The participant shall demonstrate the staff Three Star instructor his mastery of the teaching skills, by taking the role of an Instructor Trainer in a structured series of actual or simulated training sessions (both in the classroom and in the confined and open-water environments) which simulate the duties that he will be expected to fulfil once qualified.

13. CERTIFICATION

13.1. Upon successful completion of the training programme, the participant shall be awarded with a CMAS Three Star Instructor C-card.